

## **ATR Compact Belt Squat**

## **SPECS**

Material Tubing	3x3" 11 Gauge
Height	100"
Width	55"
Depth	60"
Weight	265 LBS
Foot Print	100" x 33" x 60"
Made In Usa	Yes



The ATR Compact Belt Squat is a low-profile unit that functions as both a Belt Squat and a Lat Pull-Down. It connects seamlessly to racks or other ATR sides, just like our other variations. The low-pulley foot must be bolted down, and because the pulley sits 3" above the floor, most athletes will need an elevated surface such as DC Blocks or bumpers to achieve full range of motion. For faster setup, we also offer a platform version, though it requires a larger footprint.

## **FEATURES**



**Knurled Hatfield Handles** 



**Bolt Down Foot** 



Ladder Start/Stop