

ATR Platform Belt Squat

SPECS

Material Tubing	3x3" 11 Gauge Tubing
Height	100"
Width	50"
Depth	81"
Weight	500
Foot Print	100" x 50" x 81"
Made In Usa	Yes

FEATURES



Our ATR Platform Belt Squat is a cable-driven, plate-loaded unit with a true 1:1 ratio and a 30 lb. weight carriage. This unit can be connected to racks or other ATR sides, it is not a stand alone unit. In addition to belt squats, it can be used for lat pull-downs with a seat and knee hold, or for low rows using the platform as foot support. A rear pulley reduces cable wear during rows, pull-throughs, and other off platform movements. The back uprights are also compatible with Alpha Rollers for cable-driven split squats.



Split Squat Posts



Ladder Start/Stop



Diamond Plate Platform