

Multi Grip Chin Up

SPECS

Material Tubing	1/4" Steel plate
Height	4.5"
Width	40"
Depth	8"
Weight	22 LBS
Foot Print	4.5"x 40" x 8"
Made In Usa	Yes

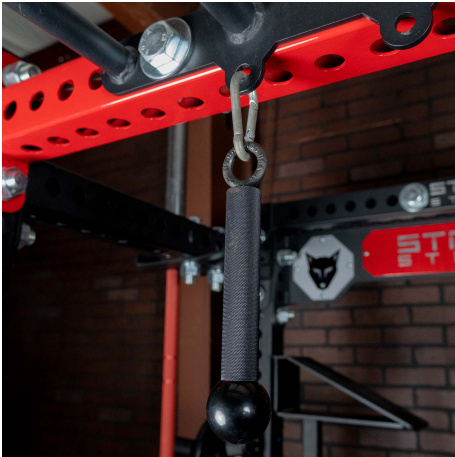


The Multi-Grip Chin-Up Bar was designed to allow athletes to perform pull-ups, chin-ups, hangs, toes-to-bar, and other exercises in multiple hand positions. The bar has a 1.25" diameter (approximately 32 mm) for a comfortable and secure grip. The three tabs allow you to easily add straps, rings, bands, and different grips or handles with a carabiner. The mounting holes are 18" apart on center.

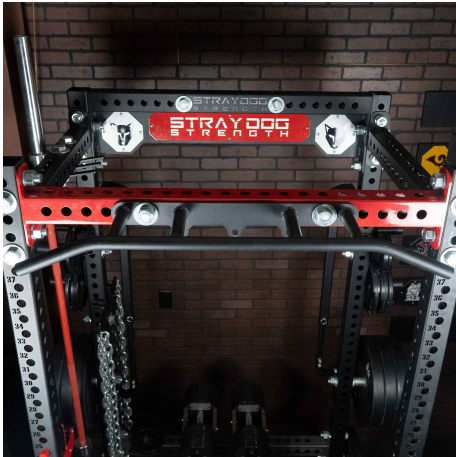
FEATURES



32 MM Black Textured Bar



Holes for handles/straps



Neutral Grip and angled grip