

Platform Belt Squat Free Standing

SPECS

Material Tubing	3x3" 11 Gauge
Height	100"
Width	50"
Depth	81"
Weight	525 LBS
Foot Print	100" x 50" x 81"
Made In Usa	Yes



Our Platform Belt Squat is a cable-driven, plate-loaded unit with a true 1:1 ratio and a 30 lb. weight carriage. The start/stop ladder system features built-in knurled handles for Hatfield Squats. In addition to belt squats, it can be used for lat pull-downs with a seat and knee hold, or for low rows using the platform as foot support. A rear pulley reduces cable wear during rows, pull-throughs, and other off platform movements. The back uprights are also compatible with Alpha Rollers for cable-driven split squats.

FEATURES



Split Squat Posts



Ladder Start/Stop



Diamond Plate Platform