

Platform Belt Squat Free Standing

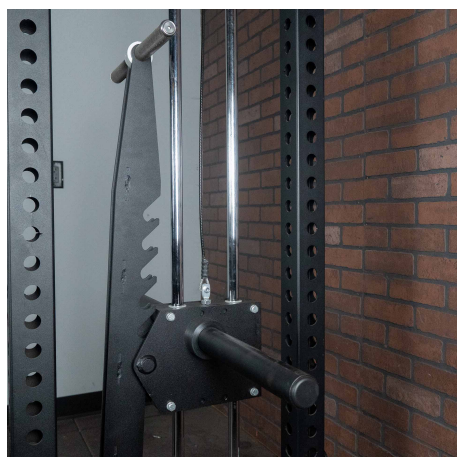
SPECS

Material Tubing	3x3" 11 Gauge
Height	100"
Width	33"
Depth	73"
Weight	525 LBS
Foot Print	100" x 33" x 73"
Made In Usa	Yes

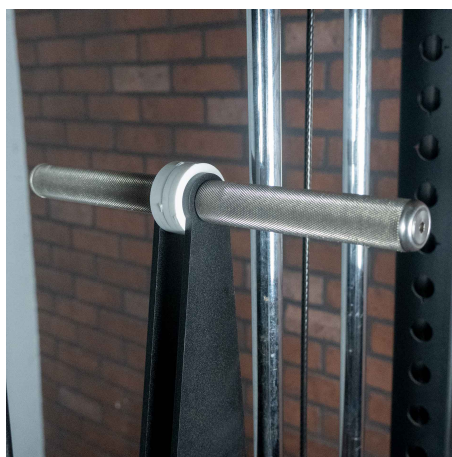


Our Platform Belt Squat is a cable-driven, plate-loaded unit with a true 1:1 ratio and a 30 lb. weight carriage. The start/stop ladder system features built-in knurled handles for Hatfield Squats. In addition to belt squats, it can be used for lat pull-downs with a seat and knee hold, or for low rows using the platform as foot support. A rear pulley reduces cable wear during rows, pull-throughs, and other off platform movements. The back uprights are also compatible with Alpha Rollers for cable-driven split squats.

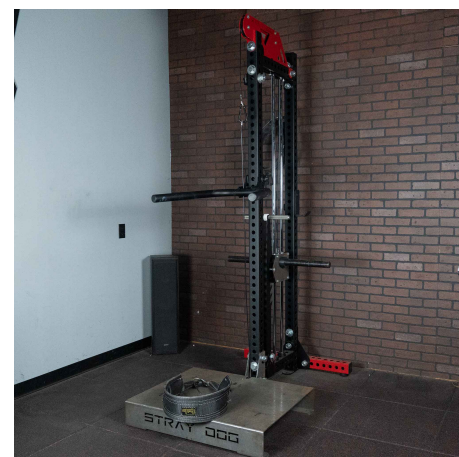
FEATURES



Ladder Start/Stop



Knurled Handles



Add Attachments