

Platform Belt Squat Rack

Attachment

SPECS

Material Tubing	3x3" 11 Gauge Tubing
Height	100"
Width	50"
Depth	78"
Weight	375 LBS
Foot Print	100" x 50" x 68"
Made In Usa	Yes

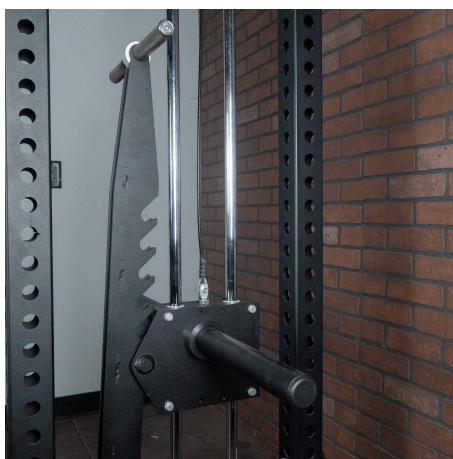


The Platform Belt Squat Rack Attachment is a cable-driven, plate-loaded unit with a true 1:1 ratio and a 30 lb. weight carriage. Designed to integrate inside racks, it is best suited for use off the back of Alpha Double Half Racks, which are often dedicated to cable attachments rather than standard lifting. The platform limits use as a traditional rack, but it adds tremendous versatility as a belt squat station. The rear uprights are also compatible with Alpha Rollers, making cable-driven split squats simple to set up.

FEATURES



Split Squat Posts



Ladder Start/Stop



Diamond Plate Platform