

# Stray Dog Strength Change Plates

## SPECS

Material Tubing	Premium Rubber
Height	7-10"
Width	7-10"
Depth	.79"- .995"
Weight	2.5-10 LBS
Foot Print	7-10, x 7-10" x .79"-
Made In Usa	YES



Stray Dog Strength Change Plates are offered in in pairs or full sets, with weight options of 2.5LB, 5LB, and 10LB. Engineered to fit seamlessly on a 2" barbell sleeve, these plates feature a durable rubber coating for a secure, stable hold during lifts.

## FEATURES



Rubber Center



Thin Profile



Durable Rubber