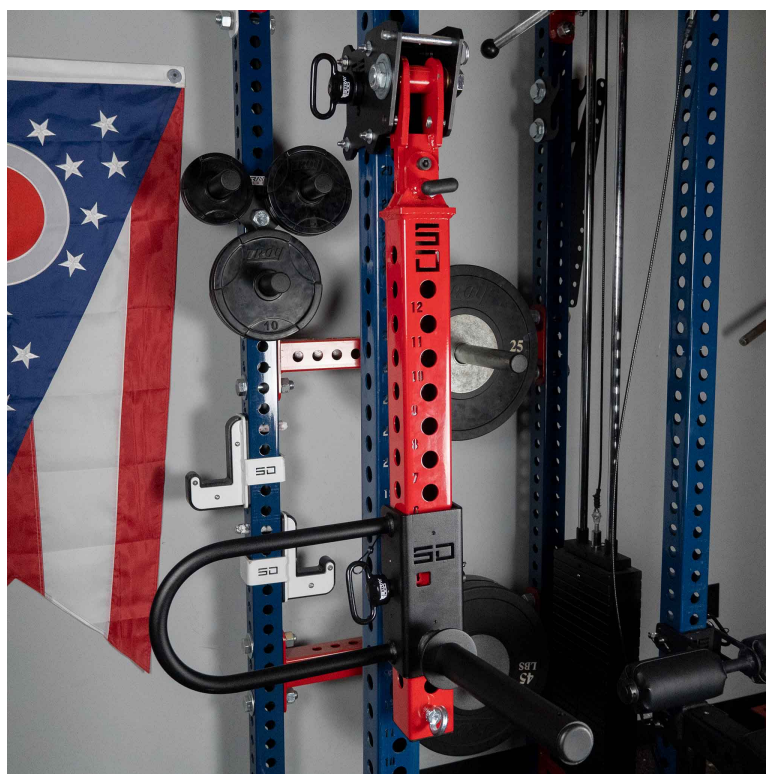


Alpha Arms

SPECS

Material Tubing	3x3" Tubing
Height	42"
Width	19"
Depth	19"
Weight	
Foot Print	42" x 19" x 19"
Made In Usa	Yes

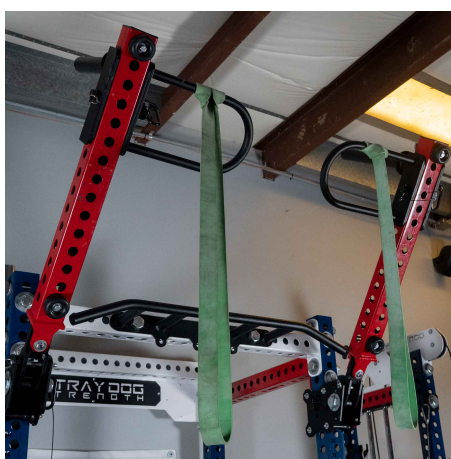


The Alpha Arms offer 180° range of movement when unlocked in both the Z and X planes, allowing for a more natural feel during pressing, rowing, and other exercises. They can lock into a straight position like traditional lever arms or at angled positions for varied movement options. They are compatible with both 1" and 5/8" holes on 3x3" tubing and the bracket can be disassembled to add to welded frame racks.

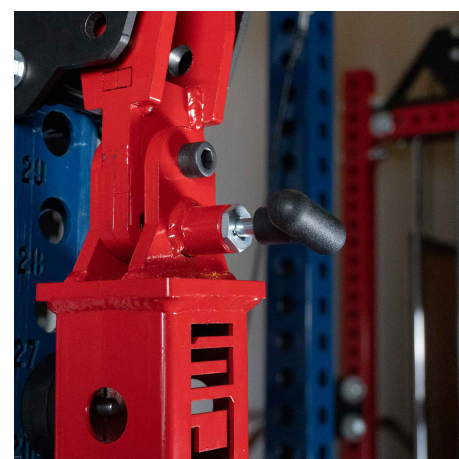
FEATURES



Angled Weight Peg



Pin Up For Triphasic Arms



Pin to lock or unlock arm