

Basic Hyper GHD Combo

SPECS

Material Tubing	3x3 11 Gauge
Height	46"
Width	36
Depth	72"
Weight	335 LBS
Foot Print	46" x 36" x 72"
Made In Usa	Yes



The Basic Hyper GHD Combo combines both the reverse back extension and GHD machines into one compact footprint for the ultimate posterior chain-building device. The unit comes with a Spud INC Hyper Strap. The Foothold is adjustable front to back but is not adjustable up and down, that and a single set of rollers are the main differences between the Hyperglute and the Basic Hyper GHD Combo. The pad is only available in black, but the frame has the same frame options as the Hyperglute.

FEATURES



Only Black Pad Option



Same Frame as Hyperglute



Same Swing Arm as Hyperglute