

# ATR Belt Squat/Lat Pull down Combo

## SPECS

Material Tubing	3x3 11 Gauge
Height	100"
Width	38"
Depth	58"
Weight	28 LBS Trolley
Foot Print	100" x 38" x 58"
Made In Usa	Yes



The Belt Squat/Lat Pull Down Combo is a 1:1 ratio, plate-loaded high and low pulley system designed to be a versatile unit and not a single use machine. The lat seat and knee hold are removable, allowing the unit to function as a belt squat or to support attachments or bar cups for lifting when connected to another ATR side at 43". The Low pulley must be bolted down for the belt squat feature to work.

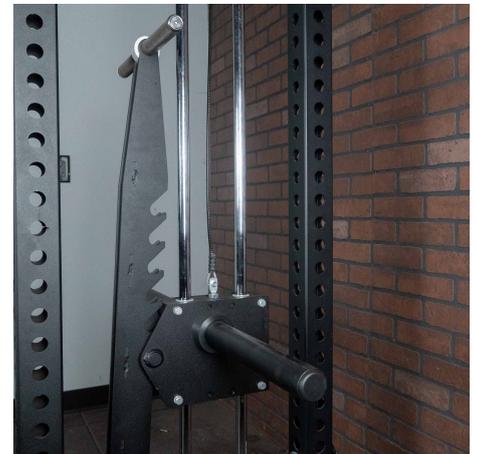
## FEATURES



High Pulley and Lat Bar



Low Pulley



Adjustable Stop for different height athletes