

Alpha GHD

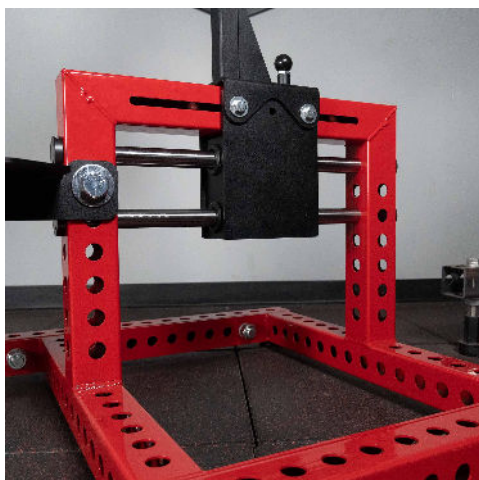
SPECS

MATERIAL	3x3 11 gauge
HEIGHT	48"
WIDTH	36"
DEPTH	72"
WEIGHT	405 LBS
FOOT PRINT	48" x 46" x 72"
MADE IN USA	YES



The Alpha GHD was designed to be the highest quality GHD on the market, it has linear ball bearings that allow it to easily slide with only 2 fingers when you pull the pull pin. This unit has 4 rollers to keep athletes' feet locked in no matter the exercise.

FEATURES



Dual Guide Rod Adjustment



Dual Roller Footplate



Custom Upholstery Options