

# Lat Bar

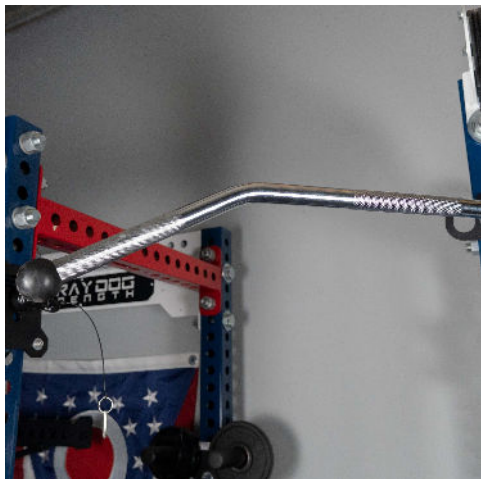
## SPECS

MATERIAL	Zinc Plated
HEIGHT	8"
WIDTH	48"
DEPTH	-
WEIGHT	6 LBS
FOOT PRINT	8" x 48"
MADE IN USA	NO

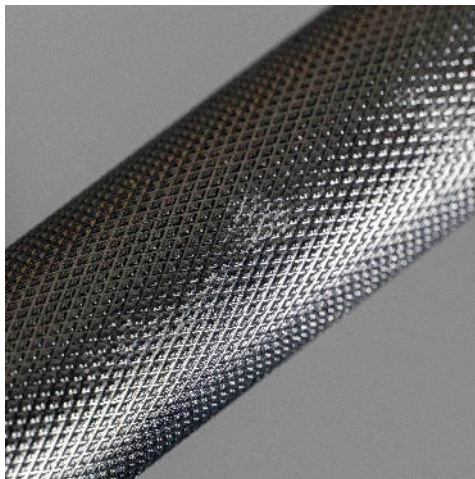


Our Lat Bar is a basic 48" Lat Bar with moderate knurling, bearings for smooth rotation and rubber balls on the ends. The Bar comes with our Deluxe Version of our Lat Pull Down Units. The ends are angled down to allow you to go to get further ROM and stretch the lats.

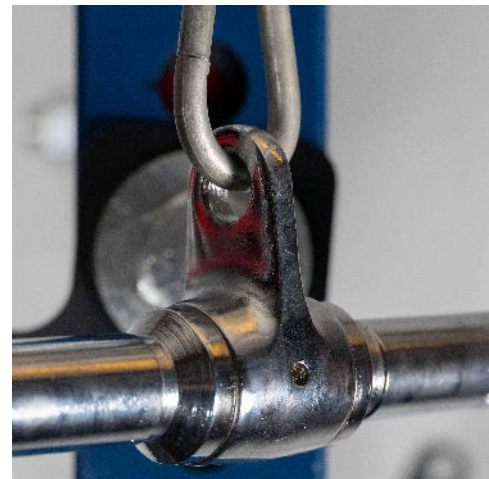
## FEATURES



Angled Ends



Knurled



Bearings for rotation