

Squat Wedge 10 Pack

SPECS

MATERIAL	1/4" Steel Plate
HEIGHT	3.5"
WIDTH	24"
DEPTH	16"
WEIGHT	32 LBS
FOOT PRINT	3.5" x 24" x 16"
MADE IN USA	YES



Our Squat Wedge uses a 15 degree angled plate that is 24"x 13" and was designed to be a platform for both feet for squatting, lunging, Angled Plyometrics, calf raises and other exercises. They can be stacked on top of each-other for condensed storage and there is also a 1" and 5/8" hole to store them on an upright.

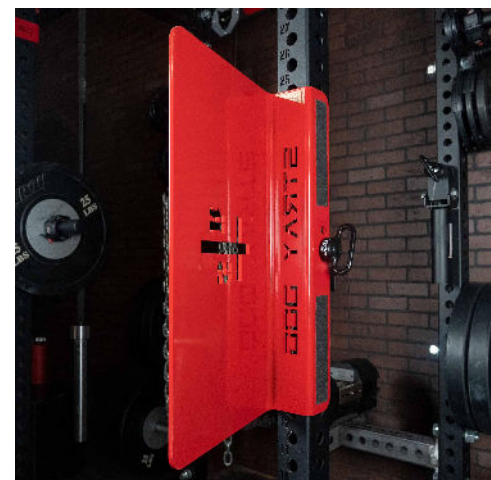
FEATURES



Laser Cut Logo



15 Degree Angle



Store on Upright 1" or 5/8"